

360DRUMS

written by Joost Visser

BOOK ONE the book of beats

chapter 8

fast rock
(quarter note beats)

NEDERLANDS
ENGLISH

NEW
CHAPTERS
INCLUDED

SECOND
EDITION

REVISITED

360DRUMS
CODING
VIDEO

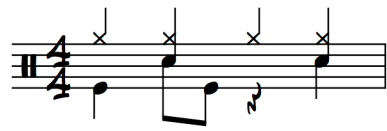
chapter 8

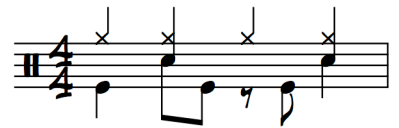
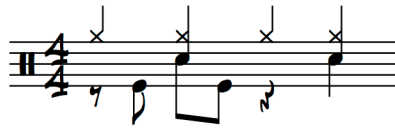
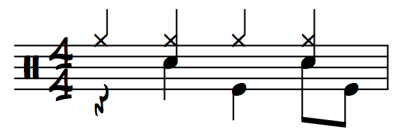
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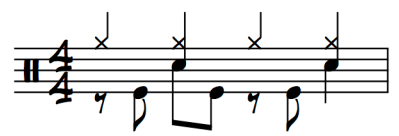
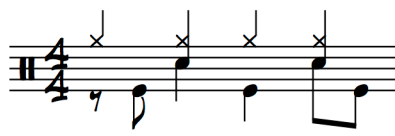


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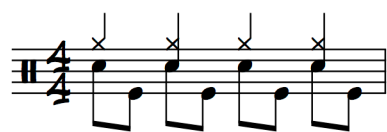
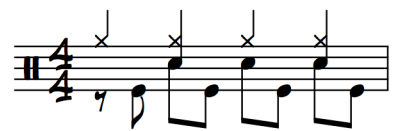
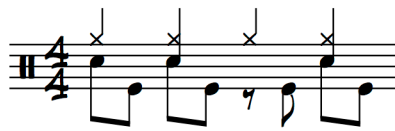
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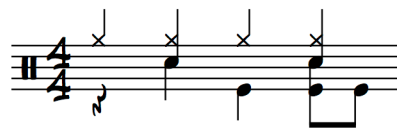
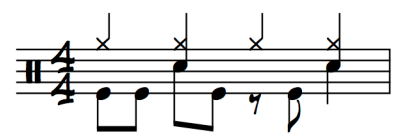
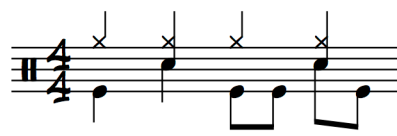
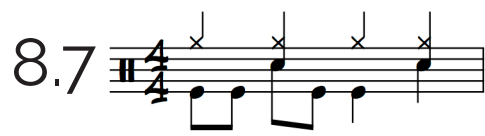
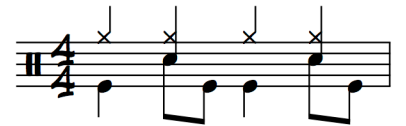
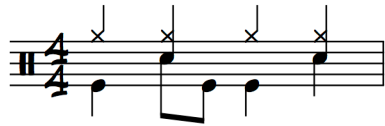
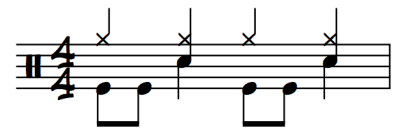
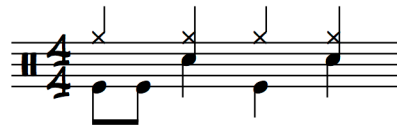
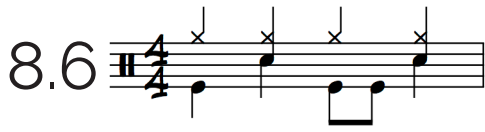
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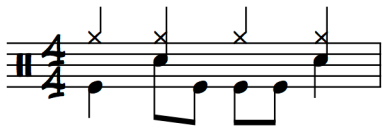
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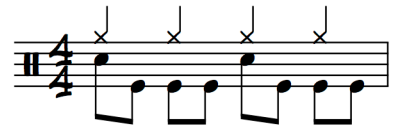
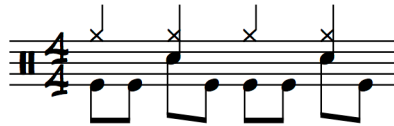
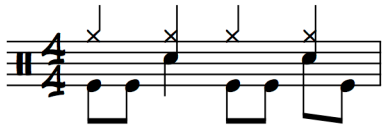
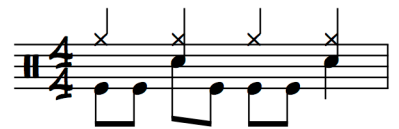


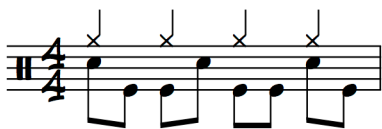
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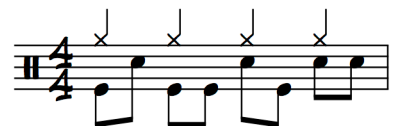
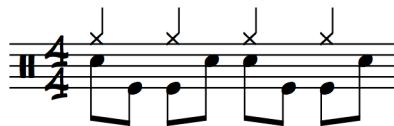
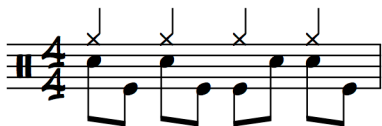
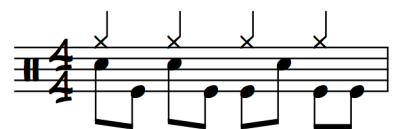
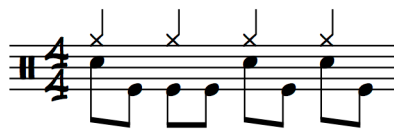


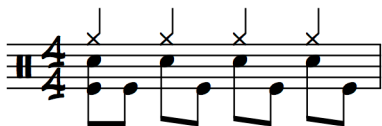
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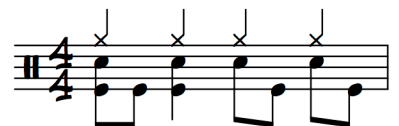
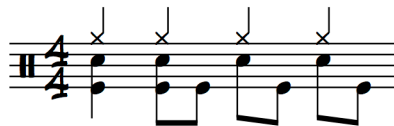
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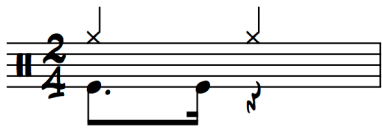
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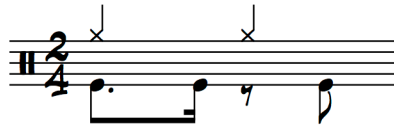
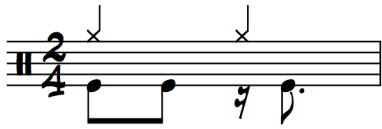


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chapter 8

8.12 



8.13 



8.14 



chapter 8

8.15

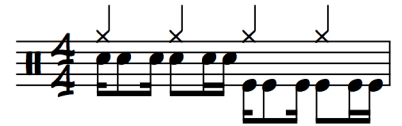
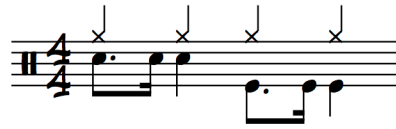
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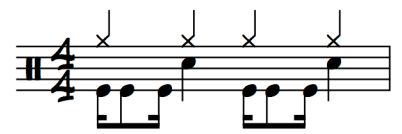
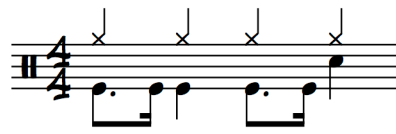


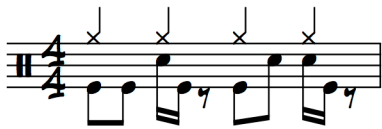
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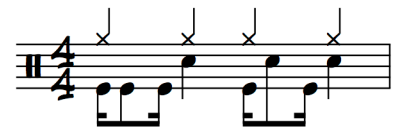
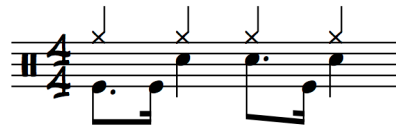
8.18 



8.19 



8.20 



INDEX

BOOK ONE (A)

chapter 1: **rock** (8th note beats)
chapter 2: **blues rock** (12/8 and 8th notes)
chapter 3: 12/8 and **half-time shuffle**
chapter 4: adapting the beat
chapter 5: **16th note** beats (1-e-&-a)
chapter 6: 4/4 and **shuffle** (triplet feel)
chapter 7: **1-e-&** on the hihat
chapter 8: **fast rock** (4th note beats)
chapter 9: **1-&-a** on the hihat
chapter 10: beat **displacement**
chapter 11: 8th note beats with **accent** on the beat
chapter 12: **syncopated 8th notes** on the hihat
chapter 13: 8th note beats with **accent** on the **off-beat**
chapter 14: **modulation**
chapter 15: **open** hihats
chapter 16: **latin-american**

BOOK TWO (B)

chapter 1: fills in **rock** (on snare and two toms)
chapter 2: fills in **blues** (on snare and two toms)
chapter 3: fills in **rock** (with bassdrum added)
chapter 4: fills in **blues** (with bassdrum added)
chapter 5: **mini** fills
chapter 6: big **accents**
chapter 7: **independence** exercises as fills
chapter 8: using **swipes**
chapter 9: playing fill **systems**

MP3-PACKAGE

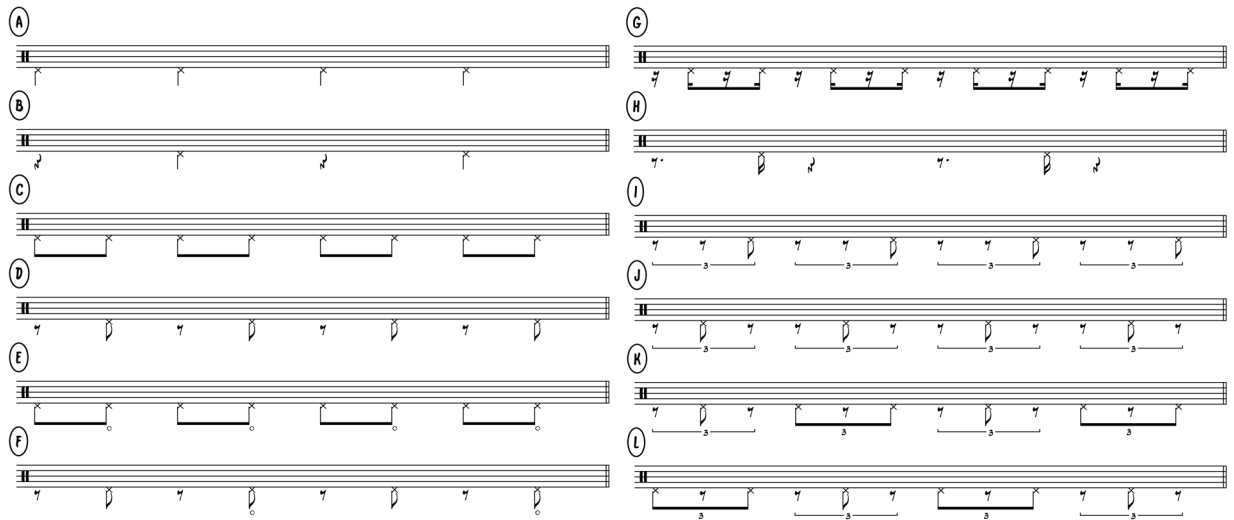
part 1: 16th notes **even** feel
part 2: **bluesrock** (8th notes triplet feel)
part 3: 16th notes **triplet** feel
part 4: climbing tracks (45-130bpm)
part 5: big **accents** (70bpm)
part 6: big **accents** (105bpm)
part 7: big **accents** (135bpm)
part 8: clicks on the **1** (even/triplet feel)
part 9: clicks on the **e** (even/triplet feel)
part 10: clicks on the **&** (even/triplet feel)
part 11: clicks on the **a** (even/triplet feel)
part 12: clicks on the **dotted quarter** (even/triplet feel)
part 13: clicks on the **dotted 8th note** (even/triplet feel)

360DRUMS

TIPS TO STUDY

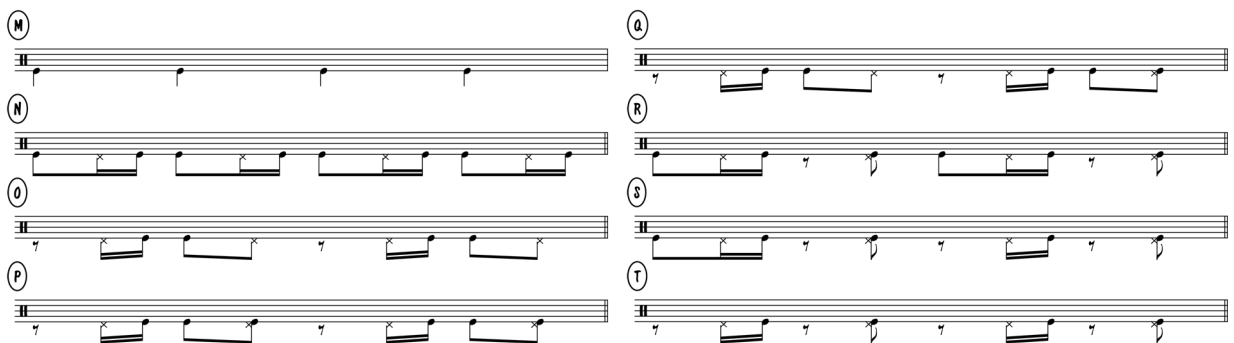
After you have studied a slow-speed session you can increase the tempo to improve your skills, but there are more ways to vary and dig deeper. To improve every day, try these ideas:

- 1) play on ride cymbal, in stead of hi-hat
- 2) take a pencil and mark some hihats as shups (open hihat)
- 3) play in even feel and triplet feel
- 4) play all notes as soft as possible and choose 1 instrument to play loud (hi-hat, snare or bass drum)
- 5) play a beat while applying 1 of the ostinato with your hihat foot



Exercises A through L are presented as musical notation on a five-line staff. Each exercise is labeled with a letter in a circle. Exercises A, B, C, D, E, and F show various rhythmic patterns using eighth and sixteenth notes, often with stems pointing up or down. Exercises G, H, I, J, K, and L show more complex patterns, including triplets and syncopated rhythms, with some notes marked with 'x' or 'o' to indicate specific techniques like shups or accents.

- 6) play a fill while applying an ostinato with your left & right foot



Exercises M through T are presented as musical notation on a five-line staff. Each exercise is labeled with a letter in a circle. Exercises M, N, O, and P show rhythmic patterns with stems pointing up or down. Exercises Q, R, S, and T show more complex patterns, including triplets and syncopated rhythms, with some notes marked with 'x' or 'o' to indicate specific techniques like shups or accents.

AT LAST

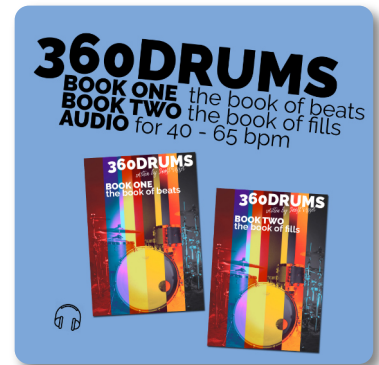
This small booklet contains only a few of the many exercises that are included in **BOOK ONE** (book of beats) & **BOOK TWO** (book of fills).

So would you like to learn even more?

Buy a paper version of the books for just € 39.95 to receive a real version.
(A digital download version costs € 29.95.)

The great thing about the two books is that they always fit on one music stand. Only then can you work on beats & fills at the same time. And not to forget; with the play-alongs of course..

The books can be purchased in the webshop (360drumsbook.com) and also at the best sheet music webshops such as percussionbooks.com.



The free **360DRUMSbook app** can be installed on all platforms (PWA). This typical drummers' app contains the following features:

- 1) a metronome, but not as you already know it
 - + drumless band tracks (40-65 bpm in even, triplet and bluesrock feel)
 - + complete set of click tracks (40-115 bpm)
 - with clicks on all 16th notes separately
 - with clicks on dotted quarter notes
 - with clicks on dotted eighth notes
- 2) inspirational videos for all chapters in BOOK ONE and BOOK TWO

I hope you enjoyed this chapter & the time you spent on your drum kit. Playing drums, and especially getting better at drumming, is super cool.

That's why I made the books.

Kind regards,

Joost Visser
author 360DRUMSbook
www.360drumsbook.com

360DRUMS