

# 360DRUMS

*written by Joost Visser*

## BOOK ONE the book of beats

### chapter 13

8th note beats  
with accent on the off-beat

NEDERLANDS  
ENGLISH

NEW  
CHAPTERS  
INCLUDED

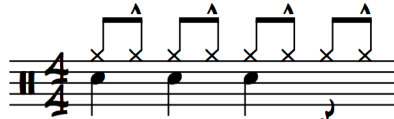
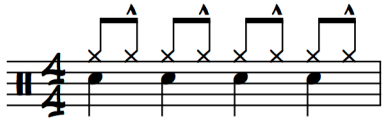
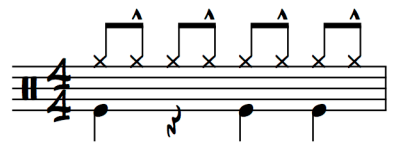
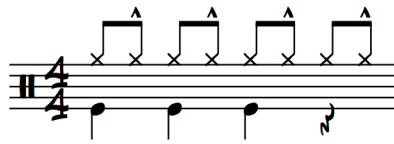
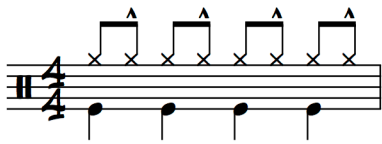
SECOND  
EDITION

REVISITED

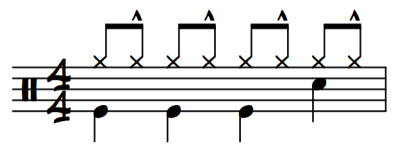
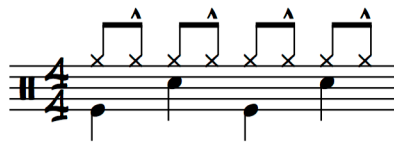
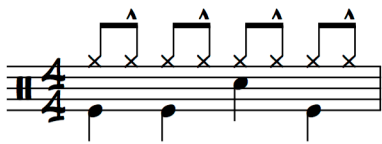
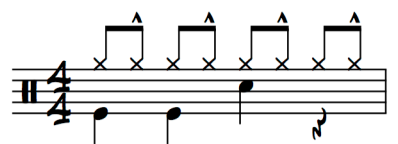
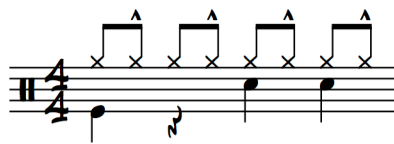
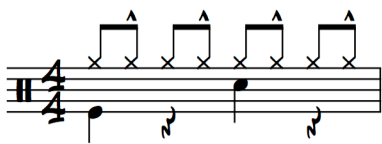
360DRUMS  
CODING  
VIDEO

# chapter 13

13.1



13.2





# chapter 13

13.6

13.7

13.8





# chapter 13

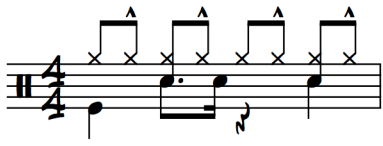
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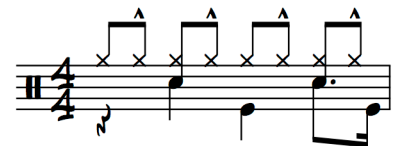
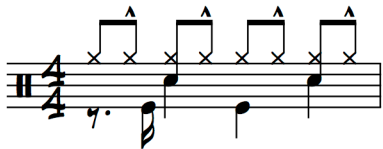
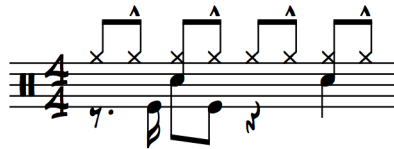
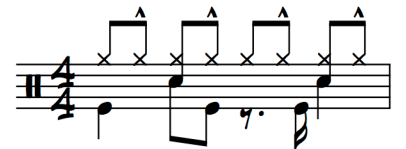
13.13

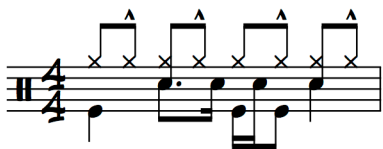
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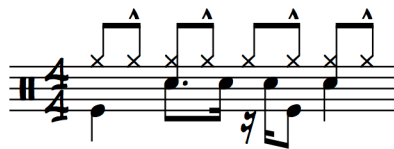
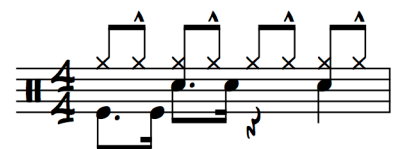
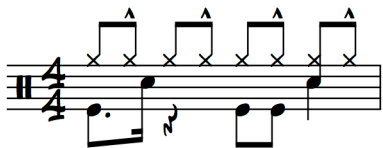
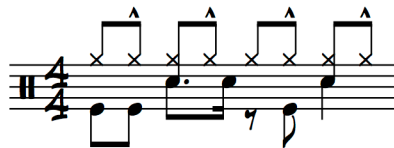
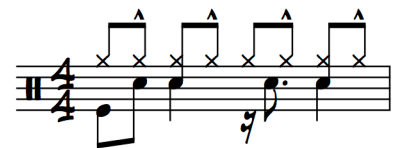


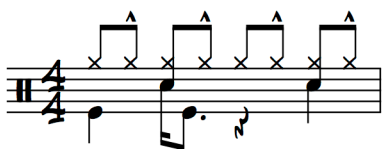
# chapter 13

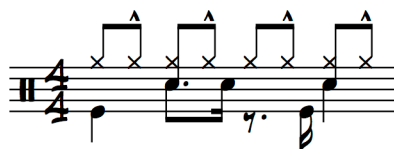
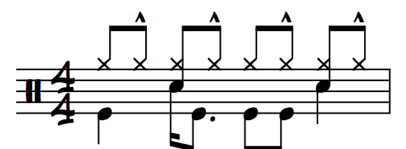
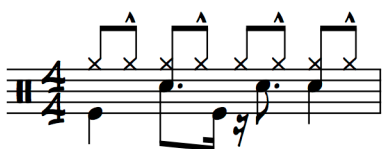
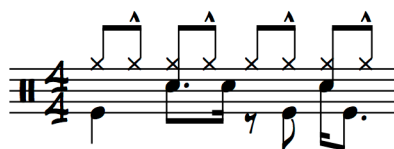
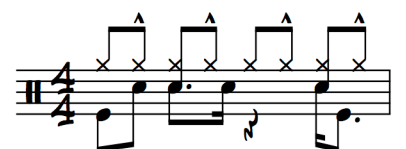
13.15  Musical notation for exercise 13.15, first staff. It is in 4/4 time with a key signature of one sharp (F#). The melody consists of quarter notes with accents: F#4, G4, A4, B4, C5, B4, A4, G4, F#4. The bass line consists of quarter notes: F#3, G3, A3, B3, C4, B3, A3, G3.

 Musical notation for exercise 13.15, second staff. Similar to the first staff, but with a dotted quarter note G4 in the melody and a quarter note B3 in the bass. Musical notation for exercise 13.15, third staff. Similar to the first staff, but with a dotted quarter note F#4 in the melody and a quarter note A3 in the bass. Musical notation for exercise 13.15, fourth staff. Similar to the first staff, but with a dotted quarter note G4 in the melody and a quarter note B3 in the bass. Musical notation for exercise 13.15, fifth staff. Similar to the first staff, but with a dotted quarter note A4 in the melody and a quarter note C4 in the bass. Musical notation for exercise 13.15, sixth staff. Similar to the first staff, but with a dotted quarter note B4 in the melody and a quarter note D4 in the bass.

13.16  Musical notation for exercise 13.16, first staff. It is in 4/4 time with a key signature of one sharp (F#). The melody consists of quarter notes with accents: F#4, G4, A4, B4, C5, B4, A4, G4, F#4. The bass line consists of quarter notes: F#3, G3, A3, B3, C4, B3, A3, G3.

 Musical notation for exercise 13.16, second staff. Similar to the first staff, but with a dotted quarter note G4 in the melody and a quarter note B3 in the bass. Musical notation for exercise 13.16, third staff. Similar to the first staff, but with a dotted quarter note A4 in the melody and a quarter note C4 in the bass. Musical notation for exercise 13.16, fourth staff. Similar to the first staff, but with a dotted quarter note B4 in the melody and a quarter note D4 in the bass. Musical notation for exercise 13.16, fifth staff. Similar to the first staff, but with a dotted quarter note C5 in the melody and a quarter note E4 in the bass. Musical notation for exercise 13.16, sixth staff. Similar to the first staff, but with a dotted quarter note D5 in the melody and a quarter note F4 in the bass.

13.17  Musical notation for exercise 13.17, first staff. It is in 4/4 time with a key signature of one sharp (F#). The melody consists of quarter notes with accents: F#4, G4, A4, B4, C5, B4, A4, G4, F#4. The bass line consists of quarter notes: F#3, G3, A3, B3, C4, B3, A3, G3.

 Musical notation for exercise 13.17, second staff. Similar to the first staff, but with a dotted quarter note G4 in the melody and a quarter note B3 in the bass. Musical notation for exercise 13.17, third staff. Similar to the first staff, but with a dotted quarter note A4 in the melody and a quarter note C4 in the bass. Musical notation for exercise 13.17, fourth staff. Similar to the first staff, but with a dotted quarter note B4 in the melody and a quarter note D4 in the bass. Musical notation for exercise 13.17, fifth staff. Similar to the first staff, but with a dotted quarter note C5 in the melody and a quarter note E4 in the bass. Musical notation for exercise 13.17, sixth staff. Similar to the first staff, but with a dotted quarter note D5 in the melody and a quarter note F4 in the bass.





# INDEX

## BOOK ONE (A)

chapter 1: **rock** (8th note beats)  
chapter 2: **blues rock** (12/8 and 8th notes)  
chapter 3: 12/8 and **half-time shuffle**  
chapter 4: adapting the beat  
chapter 5: **16th note** beats (1-e-&-a)  
chapter 6: 4/4 and **shuffle** (triplet feel)  
chapter 7: **1-e-&** on the hihat  
chapter 8: **fast rock** (4th note beats)  
chapter 9: **1-&-a** on the hihat  
chapter 10: beat **displacement**  
chapter 11: 8th note beats with **accent** on the beat  
chapter 12: **syncopated 8th notes** on the hihat  
chapter 13: 8th note beats with **accent** on the **off-beat**  
chapter 14: **modulation**  
chapter 15: **open** hihats  
chapter 16: **latin**-american

## BOOK TWO (B)

chapter 1: fills in **rock** (on snare and two toms)  
chapter 2: fills in **blues** (on snare and two toms)  
chapter 3: fills in **rock** (with bassdrum added)  
chapter 4: fills in **blues** (with bassdrum added)  
chapter 5: **mini** fills  
chapter 6: big **accents**  
chapter 7: **independence** exercises as fills  
chapter 8: using **swipes**  
chapter 9: playing fill **systems**

## MP3-PACKAGE

part 1: 16th notes **even** feel  
part 2: **bluesrock** (8th notes triplet feel)  
part 3: 16th notes **triplet** feel  
part 4: climbing tracks (45-130bpm)  
part 5: big **accents** (70bpm)  
part 6: big **accents** (105bpm)  
part 7: big **accents** (135bpm)  
part 8: clicks on the **1** (even/triplet feel)  
part 9: clicks on the **e** (even/triplet feel)  
part 10: clicks on the **&** (even/triplet feel)  
part 11: clicks on the **a** (even/triplet feel)  
part 12: clicks on the **dotted quarter** (even/triplet feel)  
part 13: clicks on the **dotted 8th note** (even/triplet feel)

# 360DRUMS

# TIPS TO STUDY

After you have studied a slow-speed session you can increase the tempo to improve your skills, but there are more ways to vary and dig deeper. To improve every day, try these ideas:

- 1) play on ride cymbal, in stead of hi-hat
- 2) take a pencil and mark some hihats as shups (open hihat)
- 3) play in even feel and triplet feel
- 4) play all notes as soft as possible and choose 1 instrument to play loud (hi-hat, snare or bass drum)
- 5) play a beat while applying 1 of the ostinato with your hihat foot

A collection of 12 musical exercises labeled A through L, arranged in two columns. Each exercise is written on a five-line staff with a double bar line at the beginning. Exercises A, B, C, D, E, and F are in the left column, while G, H, I, J, K, and L are in the right column. The notation includes various rhythmic symbols such as eighth notes, quarter notes, and rests, often with stems pointing up or down to indicate specific drum parts like hi-hat or snare.

- 6) play a fill while applying an ostinato with your left & right foot

A collection of 8 musical exercises labeled M through T, arranged in two columns. Each exercise is written on a five-line staff with a double bar line at the beginning. Exercises M, N, O, and P are in the left column, while Q, R, S, and T are in the right column. The notation includes various rhythmic symbols such as eighth notes, quarter notes, and rests, often with stems pointing up or down to indicate specific drum parts like hi-hat or snare.

# AT LAST

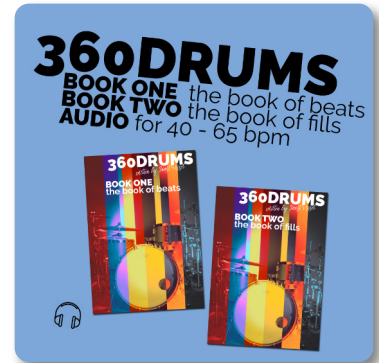
This small booklet contains only a few of the many exercises that are included in **BOOK ONE** (book of beats) & **BOOK TWO** (book of fills).

## So would you like to learn even more?

Buy a paper version of the books for just € 39.95 to receive a real version.  
(A digital download version costs € 29.95.)

The great thing about the two books is that they always fit on one music stand. Only then can you work on beats & fills at the same time. And not to forget; with the play-alongs of course..

The books can be purchased in the webshop ([360drumsbook.com](http://360drumsbook.com)) and also at the best sheet music webshops such as [percussionbooks.com](http://percussionbooks.com).



The free **360DRUMSbook app** can be installed on all platforms (PWA). This typical drummers' app contains the following features:

- 1) a metronome, but not as you already know it
  - + drumless band tracks (40-65 bpm in even, triplet and bluesrock feel)
  - + complete set of click tracks (40-115 bpm)
    - with clicks on all 16th notes separately
    - with clicks on dotted quarter notes
    - with clicks on dotted eighth notes
- 2) inspirational videos for all chapters in BOOK ONE and BOOK TWO

I hope you enjoyed this chapter & the time you spent on your drum kit. Playing drums, and especially getting better at drumming, is super cool.

That's why I made the books.

Kind regards,

Joost Visser  
author 360DRUMSbook  
[www.360drumsbook.com](http://www.360drumsbook.com)

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