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BOOK ONE (A)

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chapter 2: blues rock (12/8 and 8th notes)

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chapter 7: 1-e-& on the hihat

chapter 8: **fast rock** (4th note beats)

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BOOK TWO (B)

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chapter 3: fills in rock (with bassdrum added)

chapter 4: fills in **blues** (with bassdrum added)

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chapter 6: big accents

chapter 7: independence exercises as fills

chapter 8: using swipes

chapter 9: playing fill systems

MP3-PACKAGE

part 1: 16th notes even feel

part 2: bluesrock (8th notes triplet feel)

part 3: 16th notes triplet feel

part 4: climbing tracks (45-130bpm)

part 5: big accents (70bpm)

part 6: big **accents** (105bpm)

part 7: big accents (135bpm)

part 8: clicks on the 1 (even/triplet feel)

part 9: clicks on the **e** (even/triplet feel)

part 10: clicks on the & (even/triplet feel)

part 11: clicks on the **a** (even/triplet feel)

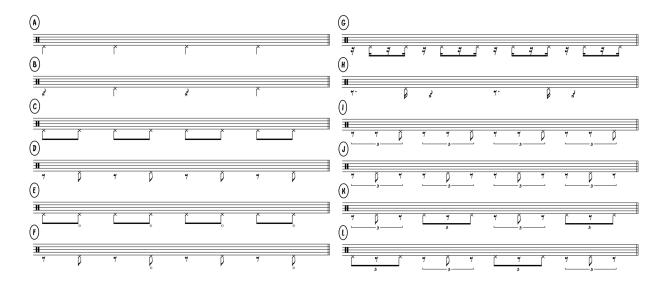
part 12: clicks on the **dotted quarter** (even/triplet feel)

part 13: clicks on the **dotted 8th note** (even/triplet feel)

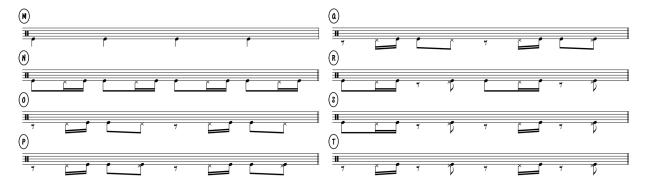
TIPS TO STUDY

After you have studied a slow-speed session you can increase the tempo to improve your skills, but there are more ways to vary and dig deeper. To improve every day, try these ideas:

- 1) play on ride cymbal, in stead of hi-hat
- 2) take a pencil and mark some hihats as shups (open hihat)
- 3) play in even feel and triplet feel
- 4) play all notes as soft as possible and choose 1 instrument to play loud (hi-hat, snare or bass drum)
- 5) play a beat while applying 1 of the ostinato with your hihat foot



6) play a fill while applying an ostinato with your left & right foot



AT LAST

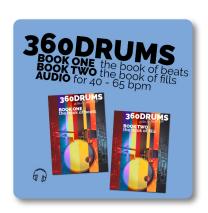
This small booklet contains only a few of the many exercises that are included in **BOOK ONE** (book of beats) & **BOOK TWO** (book of fills).

So would you like to learn even more?

Buy a paper version of the books for just € 39.95 to receive a real version. (A digital download version costs € 29.95.)

The great thing about the two books is that they always fit on one music stand. Only then can you work on beats & fills at the same time. And not to forget; with the play-alongs of course...

The books can be purchased in the webshop (360drumsbook.com) and also at the best sheet music webshops such as percussionbooks.com.



The free **360DRUMSbook app** can be installed on all platforms (PWA). This typical drummers' app contains the following features:

1) a metronome, but not as you already know it

- + drumless band tracks (40-65 bpm in even, triplet and bluesrock feel)
- + complete set of click tracks (40-115 bpm)
 - with clicks on all 16th notes seperately
 - with clicks on dotted quarter notes
 - with clicks on dotted eighth notes
- 2) inspirational videos for all chapters in BOOK ONE and BOOK TWO

I hope you enjoyed this chapter & the time you spent on your drum kit. Playing drums, and especially getting better at drumming, is super cool.

That's why I made the books.

Kind regards,

Joost Visser author 360DRUMSbook www.360drumsbook.com

