

# 360DRUMS

*written by Joost Visser*

## BOOK ONE the book of beats

### chapter 10 beat displacement

**NEDERLANDS  
ENGLISH**

**NEW  
CHAPTERS  
INCLUDED**

**SECOND  
EDITION**

**REVISITED**

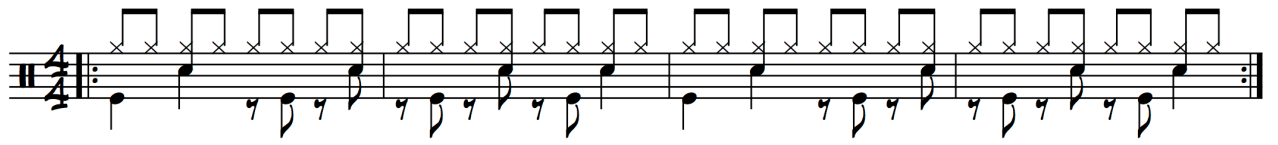
**CD, MP3  
VIDEO**

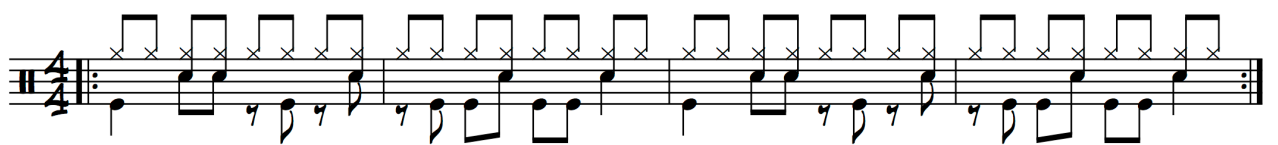
# chapter 10

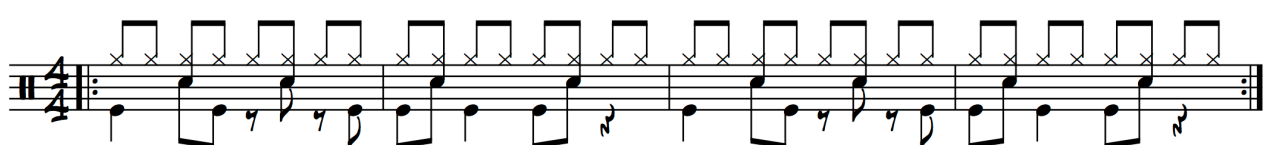
10 numbered musical staves, each containing a drum pattern in 4/4 time. The patterns are variations of a 360-degree drum exercise, featuring a mix of eighth and sixteenth notes, rests, and accents. Each staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The patterns are numbered 1 through 10 on the left side of the page.

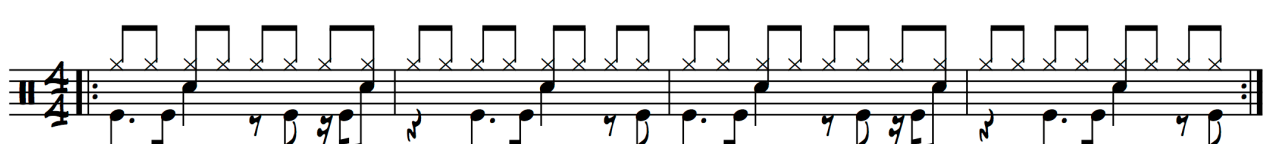



# chapter 10

11 


12 


13 


14 


15 

16 

17 

18 

19 

20 





# chapter 10

21

Musical exercise 21 consists of four staves of music in 4/4 time. Each staff contains four measures of music. The notes are quarter notes, and each note has a small 'x' mark above it. The notes are beamed together in pairs across the four staves. The first staff has notes on G4, A4, B4, and C5. The second staff has notes on C5, B4, A4, and G4. The third staff has notes on G4, A4, B4, and C5. The fourth staff has notes on C5, B4, A4, and G4.

22

Musical exercise 22 consists of one staff of music in 4/4 time. It contains four measures of music. Each measure contains four eighth notes. The notes are G4, A4, B4, and C5 in the first measure; C5, B4, A4, and G4 in the second; G4, A4, B4, and C5 in the third; and C5, B4, A4, and G4 in the fourth.

23

Musical exercise 23 consists of one staff of music in 4/4 time. It contains four measures of music. Each measure contains four eighth notes, with a '3' above the first two notes of each measure, indicating a triplet. The notes are G4, A4, B4, and C5 in the first measure; C5, B4, A4, and G4 in the second; G4, A4, B4, and C5 in the third; and C5, B4, A4, and G4 in the fourth.

24

Musical exercise 24 consists of one staff of music in 4/4 time. It contains four measures of music. Each measure contains four eighth notes, with a '3' above the first two notes of each measure, indicating a triplet. The notes are G4, A4, B4, and C5 in the first measure; C5, B4, A4, and G4 in the second; G4, A4, B4, and C5 in the third; and C5, B4, A4, and G4 in the fourth.

25

Musical exercise 25 consists of one staff of music in 4/4 time. It contains four measures of music. Each measure contains four eighth notes. The notes are G4, A4, B4, and C5 in the first measure; C5, B4, A4, and G4 in the second; G4, A4, B4, and C5 in the third; and C5, B4, A4, and G4 in the fourth. Each note has a small 'v' mark above it, indicating an accent.

26

Musical exercise 26 consists of three staves of music in 4/4 time. Each staff contains four measures of music. The notes are quarter notes, and each note has a small 'x' mark above it. The notes are beamed together in pairs across the three staves. The first staff has notes on G4, A4, B4, and C5. The second staff has notes on C5, B4, A4, and G4. The third staff has notes on G4, A4, B4, and C5.





# INDEX

## BOOK ONE (A)

chapter 1: **rock** (8th note beats)  
chapter 2: **blues rock** (12/8 and 8th notes)  
chapter 3: 12/8 and **half-time shuffle**  
chapter 4: adapting the beat  
chapter 5: **16th note** beats (1-e-&-a)  
chapter 6: 4/4 and **shuffle** (triplet feel)  
chapter 7: **1-e-&** on the hihat  
chapter 8: **fast rock** (4th note beats)  
chapter 9: **1-&-a** on the hihat  
chapter 10: beat **displacement**  
chapter 11: 8th note beats with **accent** on the beat  
chapter 12: **syncopated 8th notes** on the hihat  
chapter 13: 8th note beats with **accent** on the **off-beat**  
chapter 14: **modulation**  
chapter 15: **open** hihats  
chapter 16: **latin**-american

## BOOK TWO (B)

chapter 1: fills in **rock** (on snare and two toms)  
chapter 2: fills in **blues** (on snare and two toms)  
chapter 3: fills in **rock** (with bassdrum added)  
chapter 4: fills in **blues** (with bassdrum added)  
chapter 5: **mini** fills  
chapter 6: big **accents**  
chapter 7: **independence** exercises as fills  
chapter 8: using **swipes**  
chapter 9: playing fill **systems**

## MP3-PACKAGE

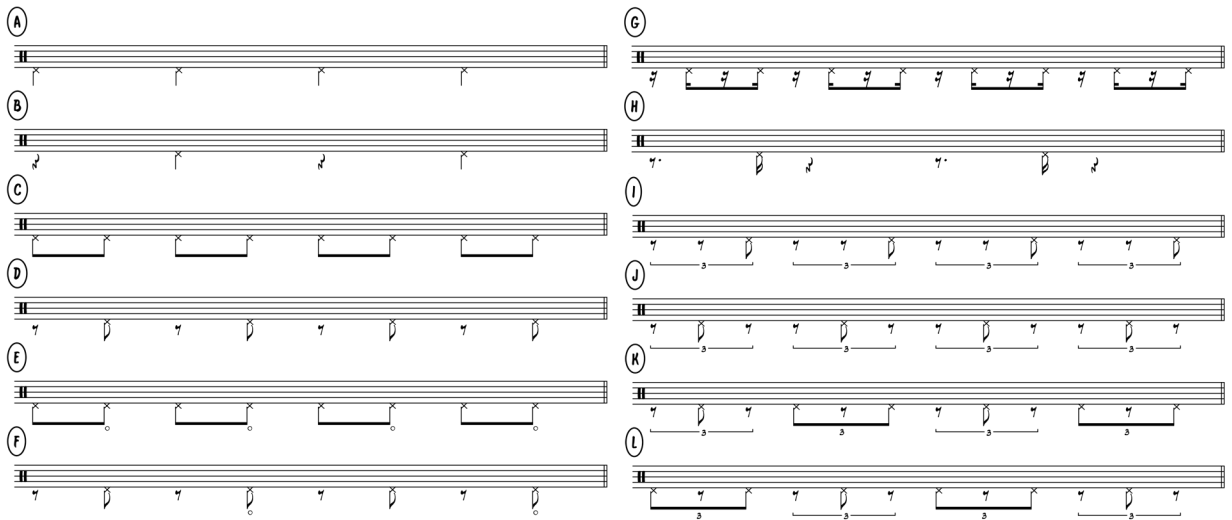
part 1: 16th notes **even** feel  
part 2: **bluesrock** (8th notes triplet feel)  
part 3: 16th notes **triplet** feel  
part 4: climbing tracks (45-130bpm)  
part 5: big **accents** (70bpm)  
part 6: big **accents** (105bpm)  
part 7: big **accents** (135bpm)  
part 8: clicks on the **1** (even/triplet feel)  
part 9: clicks on the **e** (even/triplet feel)  
part 10: clicks on the **&** (even/triplet feel)  
part 11: clicks on the **a** (even/triplet feel)  
part 12: clicks on the **dotted quarter** (even/triplet feel)  
part 13: clicks on the **dotted 8th note** (even/triplet feel)

# 360DRUMS

# TIPS TO STUDY

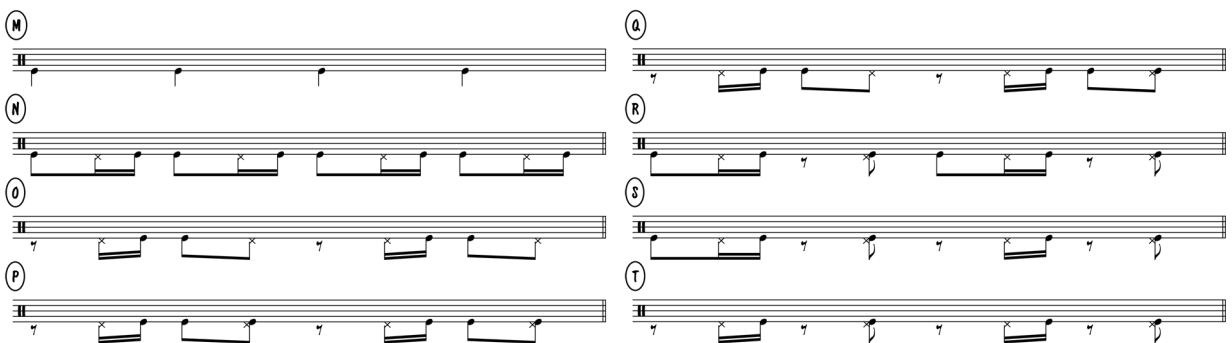
After you have studied a slow-speed session you can increase the tempo to improve your skills, but there are more ways to vary and dig deeper. To improve every day, try these ideas:

- 1) play on ride cymbal, in stead of hi-hat
- 2) take a pencil and mark some hihats as shups (open hihat)
- 3) play in even feel and triplet feel
- 4) play all notes as soft as possible and choose 1 instrument to play loud (hi-hat, snare or bass drum)
- 5) play a beat while applying 1 of the ostinato with your hihat foot



Exercises A through L are presented as musical notation on a five-line staff. Each exercise is labeled with a letter in a circle. Exercises A, B, C, D, E, and F show various rhythmic patterns using eighth and quarter notes. Exercises G, H, I, J, K, and L show more complex patterns, including triplets and sixteenth notes, often with accents or slurs.

- 6) play a fill while applying an ostinato with your left & right foot



Exercises M through T are presented as musical notation on a five-line staff. Each exercise is labeled with a letter in a circle. Exercises M, N, O, and P show rhythmic patterns with accents. Exercises Q, R, S, and T show more complex patterns, including triplets and sixteenth notes, often with accents or slurs.

# AT LAST

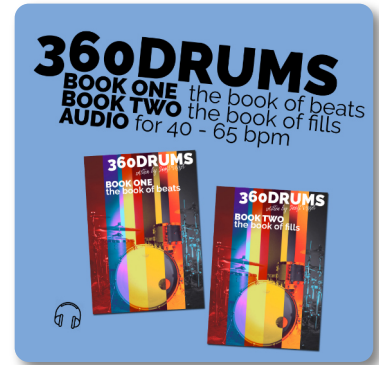
This small booklet contains only a few of the many exercises that are included in **BOOK ONE** (book of beats) & **BOOK TWO** (book of fills).

## So would you like to learn even more?

Buy a paper version of the books for just € 39.95 to receive a real version.  
(A digital download version costs € 29.95.)

The great thing about the two books is that they always fit on one music stand. Only then can you work on beats & fills at the same time. And not to forget; with the play-alongs of course..

The books can be purchased in the webshop ([360drumsbook.com](http://360drumsbook.com)) and also at the best sheet music webshops such as [percussionbooks.com](http://percussionbooks.com).



The free **360DRUMSbook app** can be installed on all platforms (PWA). This typical drummers' app contains the following features:

- 1) a metronome, but not as you already know it
  - + drumless band tracks (40-65 bpm in even, triplet and bluesrock feel)
  - + complete set of click tracks (40-115 bpm)
    - with clicks on all 16th notes separately
    - with clicks on dotted quarter notes
    - with clicks on dotted eighth notes
- 2) inspirational videos for all chapters in BOOK ONE and BOOK TWO

I hope you enjoyed this chapter & the time you spent on your drum kit. Playing drums, and especially getting better at drumming, is super cool.

That's why I made the books.

Kind regards,

Joost Visser  
author 360DRUMSbook  
[www.360drumsbook.com](http://www.360drumsbook.com)

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